

# ROOTS

CAFÉ • BISTRO

BREAKFAST IS SERVED UNTIL 12PM

## Berry Açaí Bowl / €8.50

Açaí, mixed berries, almond milk puree, topped with banana, mixed berries, granola & chai seeds (1, 5, 8, 11, CF, VC)

## Organic Porridge / €6.50

Topped with cinnamon & honey

Add Fresh Fruit: €2 (7, 12, CF, V)

## Organic House Granola / €6.90

Topped with fresh fruit & natural yoghurt (5, 7, 8, CF, V)

## Pancakes (Sweet or Savory) / €9.20

Streaky bacon, maple syrup OR Berry compote & mascarpone (1, 3, 7)

## Breakfast Ciabatta / €9.90

Streaky bacon, sausage, fried egg with tomato relish on ciabatta bread (1, 3, 6, 10, 12)

## Omelette / €10.50

Ham, mushroom & cheese served with ciabatta bread & leaves (1, 3, 6, 7, 10)

## Vegetarian Omelette / €9.90

Mushroom, mixed peppers & baby spinach with ciabatta bread (1, 3, 6, 7, 10, V)

## Eggs Benedict / €11.50

Served on ciabatta bread with streaky bacon & hollandaise sauce (1, 3, 6, 7, 10)

## Poached Eggs & Avocado / €10.50

Served with smashed avocado, leaves & ciabatta bread  
Add Streaky Bacon: €2.00 (1, 3, 6, 10, V)

## Roots Hash / €12.00

Black pudding potato cake with streaky bacon & poached eggs served with ciabatta bread (1, 3, 6, 7, 10)

### ALLERGENS

(1) Cereals (2) Crustaceans (3) Eggs (4) Fish (5) Peanuts (6) Soybeans (7) Milk (8) Nuts (9) Celery (10) Mustard (11) Sesame Seeds (12) Sulfur Dioxide & Sulphites (13) Lupin (14) Molluscs (V) Vegetarian (VC) Vegan (CF) Gluten Free

## Roots Irish Breakfast / €12.50

2 Streaky bacon, 2 sausages, 1 black & white pudding, 2 fried eggs, beans & fried mushrooms served with ciabatta bread & a choice of tea or coffee (1, 3, 6, 10, 12)

## Mini Breakfast / €9.70

1 Streaky bacon, 1 sausage, 1 black & white pudding, 1 fried egg, beans & fried mushrooms served with ciabatta bread & a choice of tea or coffee (1, 3, 6, 10, 12)

## Veggie Fry / €9.90

2 fried eggs, 2 veggie sausages, baked beans, grilled tomato fried mushrooms & avocado served with ciabatta bread & a choice of tea or coffee (1, V)

## Scrambled Eggs / €8.50

Served on ciabatta bread with leaves

Add Streaky Bacon: €2.00

Add Smoked Salmon: €3.00 (1, 3, 4, 6, 7, 10, V)

## Fresh Chunky Chips: €4.00

## KIDS BREAKFAST

### Organic Porridge / €3.00

Served with honey (7, 12, CF, V)

### Scrambled Eggs on Toast / €3.50

(1, 3, 6, 7, V)

### Beans on Toast / €3.00 (1, 6)

### Pancakes / €4.50

Nutella & marshmallows or Berry compote (1, 3, 7)

### Kids Fry / €4.95

2 sausages, 1 slice of streaky bacon, scrambled egg & 1 slice of soda bread (1, 3, 6, 7, 10, 12)

**PLEASE NOTE:** We take every precaution to prevent cross-contamination, however we cannot guarantee any food item is entirely free from any allergen.

# ROOTS

CAFÉ • BISTRO

## PASTRIES

Ask your server for our available flavours

### Scones / €2.90

(1, 3, 7)

### Croissants - Butter €2.50 / Almond €2.70

(1, 3, 7, 8)

### Raisin Danish / €2.70

(1, 3, 7)

## HOT DRINKS

### Americano / €3.10

### White Americano / €3.20 (7)

### Espresso / €2.90

### Double Espresso / €3.10

### Macchiato / €3.00 (7)

### Double Macchiato / €3.50 (7)

### Flat White / €3.50 (7)

### Latte / €3.50 (7)

### Cappuccino / €3.50 (7)

### Mocha (White / Dark) / €3.80 (6, 7)

### Chai Latte (Vanilla / Spiced) / €3.70 (7)

### Iced Americano / €4.20

### Iced Latte / Cappuccino / €4.50 (7)

### Hot Chocolate / €3.80 (6, 7)

### Barry's Tea / €2.90

### Solaris Herbal Teas / €3.20

(Please ask your server)

## EXTRAS

### Espresso Shot / €0.70

### Syrups / €0.50

### Dairy Free Milk / €0.50

(please ask your server for allergen information)

### Muffins / €2.90

(1, 3, 6, 7)

### Pain Au Chocolat / €2.70

(1, 3, 6, 7)

### Power Balls / €2.50

(5, 6, 8, 11, CF, VC)

## COLD DRINKS

### Coca Cola / €2.90

### Coca Cola Diet / Zero / €2.90

### Fanta Orange / €2.90

### Fanta Lemon / €2.90

### Sprite / €2.90

### 330ml Orange Juice / €2.80

### 330ml Apple Juice / €2.80

### San Pellegrino 250ml / €2.90

### San Pellegrino 750ml / €5.90

### Acqua Panna 250ml / €2.90

### Acqua Panna 750ml / €5.90

## SMOOTHIES

### Strawberry Fantasy / €5.00

Strawberry & banana

### Raspberry Heaven / €5.00

Apple, raspberry, mango & wild blueberry

### Passion Storm / €5.00

Peach, pineapple, papaya, passion fruit, guava & aloe vera

### Green Reviver / €5.00

Kale, banana, mango & lemon grass

### Acai Kick / €5.00

Strawberry, mango, blueberry & acai



## Download our App



Download our Roots App to pre order. App available on both Apple and Google Play stores.

## Locations

Briarhill, Claregalway, Kilcolgan, Loughrea, Moycullen, Newtownsmith, Oranmore, Shop Street, Tuam



## LITE BITES

### Soup of The Day / €5.50

Served with soda bread  
(Please ask your server for our soup of the day and allergens)

### Seafood Chowder / €7.50

Creamy seafood chowder with salmon, smoked haddock & cod served with soda bread (1,2,4,7,9,14)

### Garlic Bread with Cheese / €6.50

Homemade pizza dough garlic bread topped with mozzarella (1,7,V)

### Bruschetta Classica / €7.50

Chopped fresh tomatoes with garlic, basil, olive oil & balsamic vinegar served on our homemade pizza dough (1,12,V)

### Bruschettone Dello Chef / €8.30

Chicken, buffalo mozzarella, sun-dried tomatoes & basil pesto served on our homemade pizza dough (1,7)

### Grilled Goats Cheese Salad / €8.90

Roasted beetroot, green beans, cucumber, walnuts, mixed leaves, maple dressing

## 12" PIZZA

### Margherita / €13.00

Tomato sauce, mozzarella & fresh basil (1,7,V)

### Pepperoni / €14.00

Tomato sauce, mozzarella, fresh basil & pepperoni (1,7)

### Ham & Mushroom / €14.50

Tomato sauce, mozzarella, fresh basil, ham & mushroom (1,7)

### Diavola / €15.00

Tomato sauce, mozzarella, fresh basil, salami & fresh chilli (1,7)

### Carnivora / €15.50

Tomato sauce, mozzarella, fresh basil, salami, ham, chicken & chorizo (1,7)

### Hawaiian / €14.00

Tomato sauce, mozzarella, fresh basil, ham, pineapple & sweetcorn (1,7)

### Veggie / €13.50

Tomato sauce, mozzarella, fresh basil, courgette, mixed peppers, mushrooms & sun-dried tomatoes (1,7,V)

**Add Meat: €2**

**Add Veg: €1.50**

GLUTEN FREE BASES: €2

## FROM THE GRILL

### BBQ Pulled Pork Burger / €15.90

Brioche bun, braised pork shoulder, chipotle BBQ sauce, red onion, cheddar cheese & wild rocket served with roots slaw & fresh chunky chips (1,3,6,7,10,12)

### 8oz Beef Burger / €16.50

Brioche bun, 100% Irish beef burger, smoked applewood cheese, sautéed onions, tomato, leaves & garlic mayonnaise served with roots slaw & fresh chunky chips (1,3,6,7,10)

**Add Bacon: €2**

### Cajun Chicken Burger / €15.90

Brioche bun, overnight marinated chicken breast, lemon aioli, mozzarella cheese, tomato & leaves served with roots slaw & fresh chunky chips

### Grilled Halloumi Cheese Burger / €14.90

Grilled halloumi cheese burger, smashed avocado, tomato, mixed leaves, lemon aioli served with roots slaw and fresh chunky chips. (1,7,V)

## GOURMET SANDWICHES

### Classic B.L.T / €12.00

Streaky bacon, mixed leaves, tomato & mayonnaise

**Add Avocado: €1** (1,3,10)

### Chicken & Bacon / €12.00

Grilled chicken, streaky bacon, sun-dried tomatoes, mixed leaves & mozzarella with pesto mayonnaise (1,3,7,10)

### Chilli Chicken / €11.50

Grilled chicken, roasted peppers, mixed leaves & parmesan with chilli mayonnaise (1,3,7,10)

### Grilled Halloumi Cheese / €11.00

Grilled halloumi cheese, avocado salsa, mixed leaves, basil mayo (1,7,V)

### Falafel Sandwich / €10.50

Chickpea, Tomato salsa, cucumber, onion mixed leaves (1,VC)

### Ham and Cheese / €9.50

Ham, cheese, tomato & red onion with butter (1,3,10)

**All served with Chunky Chips**

**CHOOSE YOUR BREAD:**

White Ciabatta (1), Brown Ciabatta (1), Sourdough (1), Wrap (1), Gluten Free

## PASTA

### Spaghetti Carbonara / €13.00

Spaghetti with pancetta, parmesan & egg yolk sauce (1,3,7)  
**Add Chicken: €2.50**

### Lasagne / €15.00

Layers of lasagne with a rich beef ragu, bechamel sauce & cheese served with side salad & fresh chunky chips (1,3,6,7,9)

### Penne Pollo e Funghi / €14.50

Penne pasta with chicken, pancetta, mushrooms & parmesan cream sauce (1,3,7)

### Penne Arrabbiata / €12.50

Penne pasta with pan fried fresh chillies & garlic in our house tomato sauce (1,3,9,V)

### Spaghetti Frutti Di Mare / €16.00

Spaghetti with fresh salmon, cod, haddock, king prawns in a creamy tomato sauce (1,2,4,14)

### Spaghetti Bolognese / €14.00

Spaghetti with traditional homemade beef bolognese & parmesan (1,3,7,8,9)

**GLUTEN FREE PASTA AVAILABLE**

## SALADS

### Warm Grilled Chicken / €12.00

Grilled chicken breast, mixed leaves, red onion, cherry tomatoes, olives & walnuts with house dressing & ciabatta bread (1,8,10)

### Warm Classic Caesar / €7.50 / €10.50

Romaine lettuce, crispy bacon, parmesan, croutons & creamy house caesar dressing (1,3,4,7,10)

**Add Chicken: €2.50**

### Prawn & Chorizo / €14.50

Garlic & Chilli king prawns, chorizo, mixed leaves, cherry tomatoes, cucumber with house dressing & ciabatta bread. (1,2,4,10,14)

## SIDES

### Salad / €4.50 (1,10)

### Fresh Chunky Chips / €4.00 (1,6)

### Sweet Potato Chips / €4.50 (1,6)

### Roots Slaw / €2.00 (3,7,10)

## DESSERTS

Apple Crumble / €5.50 (d,3,7)

Caramel Square / €4.00 (d,6,7,8,12)

Carrot Cake / €5.50 (d,3,5,6,7,8)

Cheesecake of the Day / €5.50

(Please ask your server)

Chocolate Brownie / €4.50 (3,6,7,CF)

Coconut Macaroon / €3.00 (3,6,7,CF)

Coffee Cake / €5.50 (d,3,5,6,7)

Red Velvet Cake / €4.50 (d,3,6,7)

Power Balls / €2.00 (5,6,8,11,VC,CF)

Rocky Road / €4.00 (d,6,7)

White / Dark Choc Cookie / €1.90 (d,3,6,7)

## SMOOTHIES

Strawberry Fantasy / €5.00

Strawberry & banana

Raspberry Heaven / €5.00

Apple, raspberry, mango & wild blueberry

Pineapple Passion / €5.00

Peach, pineapple, papaya, passion fruit, guava & aloe vera

Green Reviver / €5.00

Kale, banana, mango & lemon grass

Açaí Kick / €5.00

Strawberry, mango, blueberry & açai

## ALLERGENS

(1) Cereals (2) Crustaceans (3) Eggs (4) Fish  
(5) Peanuts (6) Soybeans (7) Milk (8) Nuts  
(9) Celery (10) Mustard (11) Sesame Seeds (12) Sulfur  
Dioxide & Sulphites (13) Lupin (14) Molluscs  
(V) Vegetarian (VC) Vegan (CF) Gluten Free

## HOT DRINKS

Americano / €3.10

White Americano / €3.20 (7)

Espresso / €2.90

Double Espresso / €3.10

Macchiato / €3.00 (7)

Double Macchiato / €3.50 (7)

Flat White / €3.50 (7)

Latte / €3.50 (7)

Cappuccino / €3.50 (7)

Mocha (White / Dark) / €3.80 (6,7)

Chai Latte (Vanilla / Spiced) / €3.70 (7)

Iced Americano / €4.20

Iced Latte / Cappuccino / €4.50 (7)

Hot Chocolate / €3.80 (6,7)

Kids Hot Chocolate / €2.80 (6,7)

Barry's Tea / €2.90

Solaris Herbal Teas / €3.20

(Please ask your server)

## EXTRAS

Espresso Shot / €0.70

Syrups / €0.50

Dairy Free Milk / €0.50

(Please ask your server for allergen  
information)

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## COLD DRINKS

Coca Cola / €2.90

Coca Cola Diet / Zero / €2.90

Fanta Orange / €2.90

Fanta Lemon / €2.90

Sprite / €2.90

330ml Orange Juice / €2.80

330ml Apple Juice / €2.80

Small San Pellegrino / €2.90

Large San Pellegrino / €5.90

Small Acqua Panna / €2.90

Large Acqua Panna / €5.90



## OUR ROOTS

"A tree's beauty lies in its branches, but its strength lies in its roots." Matshona Dhliwayo

Roots Café & Bistro, established with a desire to continue a long tradition of Italian pizza dough making and an aspiration to blend cuisines with fresh locally sourced produce, is a fusion of the finest strengths of both regions culinary delights. Building our foundations on traditional Italian recipes and a long established career in the local café and restaurant business, Roots offers a wholesome food experience in a relaxed atmosphere. Combined with the smooth artisan Italian Miscela D'oro bean of barista coffee, we have created a new combination of taste with quality homegrown nutrition at the root.

We hope you enjoy exploring the experience as much as we enjoyed creating it.

Buon appetito!  
Bain Taitneamh As!



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(Please ask your server for our soup of the day and allergens)

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Creamy seafood chowder with salmon, smoked haddock & cod served with soda bread (1, 2, 4, 7, 9, 14)

### Garlic Bread with Cheese / €6.50

Homemade pizza dough garlic bread topped with mozzarella (1, 7, V)

### Bruschetta Classica / €7.50

Chopped fresh tomatoes with garlic, basil, olive oil & balsamic vinegar served on our homemade pizza dough (1, 12, 13, V)

### Bruschettone Dello Chef / €8.30

Chicken, buffalo mozzarella, sun-dried tomatoes & basil pesto served on our homemade pizza dough (1, 7)

### Grilled Goats Cheese Salad / €8.90

Roasted beetroot, green beans, cucumber, walnuts, mixed leaves, maple dressing (3, 7, 8, V, CF)

## SALADS

### Warm Grilled Chicken / €12.00

Grilled chicken breast, mixed leaves, red onion, cherry tomatoes, olives & walnuts with house dressing & ciabatta bread (1, 8, 10)

### Warm Classic Caesar / €7.50 / €10.50

Romaine lettuce, crispy bacon, parmesan, croutons & creamy house caesar dressing (1, 3, 4, 7, 10)

Add Chicken: €2.50

### Prawn & Chorizo / €14.50

Garlic & Chilli king prawns, chorizo, mixed leaves, cherry tomatoes, cucumber with house dressing & ciabatta bread. (1, 2, 4, 10, 14)

## ALLERGENS

(1) Cereals (2) Crustaceans (3) Eggs (4) Fish (5) Peanuts (6) Soybeans (7) Milk (8) Nuts (9) Celery (10) Mustard (11) Sesame Seeds (12) Sulphur Dioxide & Sulphites (13) Lupin (14) Molluscs (V) Vegetarian (VC) Vegan (CF) Gluten Free

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## PASTA

### Spaghetti Carbonara / €13.00

Spaghetti with pancetta, parmesan & egg yolk sauce (1, 3, 7)  
Add Chicken: €2.50

### Lasagne / €15.00

Layers of lasagne with a rich beef ragu, bechamel sauce & cheese served with side salad & fresh chunky chips (1, 3, 6, 7, 9, 10)

### Penne Pollo e Funghi / €14.50

Penne pasta with chicken, pancetta, mushrooms & parmesan cream sauce (1, 3, 7)

### Penne Arrabbiata / €12.50

Penne pasta with pan fried fresh chillies & garlic in our house tomato sauce (1, 3, 9, V)

### Spaghetti Frutti Di Mare / €16.00

Spaghetti with fresh salmon, cod, haddock, king prawns in a creamy tomato sauce (1, 2, 3, 4, 14)

### Spaghetti Bolognese / €14.00

Spaghetti with traditional homemade beef bolognese & parmesan (1, 3, 7, 8, 9)

GLUTEN FREE PASTA AVAILABLE

## FROM THE GRILL

### BBQ Pulled Pork Burger / €15.90

Brioche bun, braised pork shoulder, chipotle BBQ sauce, red onion, cheddar cheese & wild rocket served with roots slaw & fresh chunky chips (1, 3, 6, 7, 12)

### Soz Beef Burger / €16.50

Brioche bun, 100% Irish beef burger, smoked applewood cheese, sautéed onions, tomato, leaves & garlic mayonnaise served with roots slaw & fresh chunky chips (1, 3, 6, 7)

Add Bacon: €2

### Cajun Chicken Burger / €15.90

Brioche bun, overnight marinated chicken breast, lemon aioli, mozzarella cheese, tomato & leaves served with roots slaw & fresh chunky chips (1, 3, 6, 7)

### Grilled Halloumi Cheese Burger / €14.90

Grilled halloumi cheese burger, smashed avocado, tomato, mixed leaves, lemon aioli served with roots slaw and fresh chunky chips. (1, 3, 7, V)

## 12" PIZZA

### Margherita / €13.00

Tomato sauce, mozzarella & fresh basil (1, 7, V)

### Pepperoni / €14.00

Tomato sauce, mozzarella, fresh basil & pepperoni (1, 7)

### Ham & Mushroom / €14.50

Tomato sauce, mozzarella, fresh basil, ham & mushroom (1, 7)

### Diavola / €15.00

Tomato sauce, mozzarella, fresh basil, salami & fresh chilli (1, 7)

### Carnivora / €15.50

Tomato sauce, mozzarella, fresh basil, salami, ham, chicken & chorizo (1, 7)

### Hawaiian / €14.00

Tomato sauce, mozzarella, fresh basil, ham, pineapple & sweetcorn (1, 7)

### Veggie / €13.50

Tomato sauce, mozzarella, fresh basil, courgette, mixed peppers, mushrooms & sun-dried tomatoes (1, 7, V)

Add Meat: €2 Add Veg: €1.50

GLUTEN FREE BASES: €2

## DESSERT

### Apple Crumble / €5.50 (1, 3, 7)

### Cheesecake of the Day / €5.50 (3, 6, 7, CF)

### Coconut Macaroon / €3.00 (3, 6, 7, CF)

### Carrot Cake / €5.50 (1, 3, 5, 6, 7, 8)

### Chocolate Brownie / €4.50 (1, 6, 7)

### Rocky Road / €4.00 (1, 3, 6, 7)

### Red Velvet Cake / €4.50 (1, 6, 7, 8, 12)

### Caramel Square / €4.00 (3, 6, 7, CF)

### Coffee Cake / €5.50 (1, 3, 5, 6, 7)

### White / Dark Choc Cookie / €1.90 (1, 3, 6, 7)

### Power Balls / €2.00 (5, 6, 8, 11, VC, CF)

## SIDES

### Salad / €4.50 (1, 10)

### Fresh Chunky Chips / €4.00 (1, 6)

### Sweet Potato Chips / €4.50 (1, 6)

### Roots Slaw / €2.00 (3, 7, 10)



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Briarhill, Claregalway, Kilcolgan, Loughrea,  
Moycullen, Ne townsmith, Oranmore, Shop Street, Tuam